

Classificação geral

#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
1	17	Marcelo Gonçalves	GDR GRANJA-TRUTAS DO MAU	Male	1	Seniores M	1	00:39:35	3'57"/km	Finished
2	149	Carlos Lopes	CAMC CA MACEDO CAVALEIROS	Male	2	M40	1	00:40:02	4'00"/km	Finished
3	71	Nuno Lopes	INDIVIDUAL	Male	3	M35	1	00:42:12	4'13"/km	Finished
4	34	Celso Loureiro	A.D.C.R. VILA BOA	Male	4	M40	2	00:44:12	4'25"/km	Finished
5	156	Nuno Dias	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	5	M40	3	00:47:01	4'42"/km	Finished
6	92	André Pereira	A.D.C.C J CLARK CASTELO DE PAIVA	Male	6	Seniores M	2	00:47:18	4'43"/km	Finished
7	172	Sérgio Azevedo	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	7	M45	1	00:47:36	4'45"/km	Finished
8	176	Vítor Pinheiro	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	8	M50	1	00:47:40	4'46"/km	Finished
9	171	Luís Santos	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	9	M45	2	00:48:10	4'49"/km	Finished
10	173	Rui Rodrigues	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	10	M45	3	00:48:51	4'53"/km	Finished
11	94	Hélder Pinto	A.D.C.C J CLARK CASTELO DE PAIVA	Male	11	M40	4	00:48:51	4'53"/km	Finished
12	15	João Monteiro	GDR GRANJA-TRUTAS DO MAU	Male	12	M45	4	00:50:06	5'00"/km	Finished
13	174	Nicolau Santos	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	13	M60	1	00:50:15	5'01"/km	Finished
14	179	Edgar Ortiz	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	14	Juniores M	1	00:50:34	5'03"/km	Finished
15	170	Carlos Ferreira	UISEU 360	Male	15	M45	5	00:50:39	5'03"/km	Finished
16	99	Jorge Amaral	TRAIL GRUPO DESPORTIVO DE TRANCOSO	Male	16	M45	6	00:50:59	5'05"/km	Finished
17	97	Rúben Guerra	TRAIL GRUPO DESPORTIVO DE TRANCOSO	Male	17	M35	2	00:50:59	5'05"/km	Finished
18	178	Manuel Sousa	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	18	M45	7	00:51:07	5'06"/km	Finished
19	175	Carlos Silva	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	19	M55	1	00:51:24	5'08"/km	Finished
20	184	Jorge Loureiro	DÍNAMO CLUBE ESTAÇÃO	Male	20	M45	8	00:51:43	5'10"/km	Finished
21	101	Carlos Rouxinol	BARRIGAS NEGRAS	Male	21	M50	2	00:51:55	5'11"/km	Finished
22	68	Nuno Miranda	RUNNERS DO DEMO	Male	22	M50	3	00:52:06	5'12"/km	Finished
23	133	Mário Almeida	CLUBE DESPORTIVO DE LEOMIL	Male	23	M45	9	00:52:21	5'14"/km	Finished
24	62	Jose Gouveia	UISEU 360	Male	24	M55	2	00:52:27	5'14"/km	Finished

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#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
25	88	Ana Pereira	A.D.C.C J CLARK CASTELO DE PAIVA	Female	1	Seniores F	1	00:52:36	5'15"/km	Finished
26	190	Bruno Moreira	CASAS ADRIANO ASTROMIL CLUBE	Male	25	M40	5	00:52:52	5'17"/km	Finished
27	9	António Lourenço	GDR GRANJA-TRUTAS DO MAU	Male	26	M50	4	00:53:20	5'20"/km	Finished
28	76	Amélia Loureiro	VIRIATHVS RUNNERS VISEU	Female	2	F40	1	00:53:23	5'20"/km	Finished
29	131	Gerson Faria	CLUBE DESPORTIVO DE LEOMIL	Male	27	M45	10	00:54:11	5'25"/km	Finished
30	128	Manuel Pereira	CLUBE DESPORTIVO DE LEOMIL	Male	28	M40	6	00:54:29	5'26"/km	Finished
31	192	Marcio Ribeiro	A.D.C.R. VILA BOA	Male	29	M35	3	00:54:55	5'29"/km	Finished
32	158	Claudio Mauricio	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	30	Seniores M	3	00:55:01	5'30"/km	Finished
33	70	José Nunes	CLUBE DESPORTIVO DE LEOMIL	Male	31	M60	2	00:55:17	5'31"/km	Finished
34	91	Samuel Silva	A.D.C.C J CLARK CASTELO DE PAIVA	Male	32	Seniores M	4	00:55:32	5'33"/km	Finished
35	77	Vítor Guedes	RUNNERS DE SERNANCELHE TERRA DA CASTANHA	Male	33	M40	7	00:56:12	5'37"/km	Finished
36	136	José Lima	CLUBE DESPORTIVO DE LEOMIL	Male	34	M55	3	00:57:05	5'42"/km	Finished
37	96	Daniel Almeida	DÍNAMO CLUBE ESTAÇÃO	Male	35	Seniores M	5	00:57:26	5'44"/km	Finished
38	19	Mariline Marques	GDR GRANJA-TRUTAS DO MAU	Female	3	Seniores F	2	00:57:49	5'46"/km	Finished
39	93	Nuno Sousa	A.D.C.C J CLARK CASTELO DE PAIVA	Male	36	M35	4	00:57:54	5'47"/km	Finished
40	31	Dimas Catarino	GDR GRANJA-TRUTAS DO MAU	Male	37	M45	11	00:58:04	5'48"/km	Finished
41	33	José Cardoso	A.D.C.R. VILA BOA	Male	38	M50	5	00:58:16	5'49"/km	Finished
42	155	Roberto Leal	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	39	M55	4	00:58:24	5'50"/km	Finished
43	69	José Almeida	SPORTING CLUB SANTACRUZENSE	Male	40	M60	3	00:59:44	5'58"/km	Finished
44	168	Eduardo Bebianco	GDR GRANJA-TRUTAS DO MAU	Male	41	Seniores M	6	00:59:44	5'58"/km	Finished
45	154	Arlindo Dias	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	42	M65	1	00:59:44	5'58"/km	Finished
46	135	Maria Nunes	CLUBE DESPORTIVO DE LEOMIL	Female	4	F50	1	00:59:47	5'58"/km	Finished
47	72	Sergio Lopes	LAMAECUS D'OURO	Male	43	M40	8	01:00:23	6'02"/km	Finished
48	41	João Ribeiro	A.D.C.R. VILA BOA	Male	44	M65	2	01:00:25	6'02"/km	Finished
49	186	Pedro Silva	CASAS ADRIANO ASTROMIL CLUBE	Male	45	Seniores M	7	01:00:55	6'05"/km	Finished
50	185	Ilídio Oliveira	CASAS ADRIANO ASTROMIL CLUBE	Male	46	M60	4	01:00:55	6'05"/km	Finished
51	169	Tila Pina	GDR GRANJA-TRUTAS DO MAU	Female	5	F45	1	01:01:28	6'08"/km	Finished
52	123	David Kotchetov	CLUBE DESPORTIVO DE LEOMIL	Male	47	Juniores M	2	01:03:18	6'19"/km	Finished
53	152	Sandra Moreira	CORRE SÃO JOÃO	Female	6	F40	2	01:03:31	6'21"/km	Finished
54	95	Fernando Jesus	A.D.C.C J CLARK CASTELO DE PAIVA	Male	48	M40	9	01:03:36	6'21"/km	Finished

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#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
55	127	Ana Correia	CLUBE DESPORTIVO DE LEOMIL	Female	7	F40	3	01:03:51	6'23"/km	Finished
56	138	Bruno Ferreira	CLUBE DESPORTIVO DE LEOMIL	Male	49	M35	5	01:03:54	6'23"/km	Finished
57	75	Pedro Almeida	WISEU 360	Male	50	M45	12	01:04:07	6'24"/km	Finished
58	20	Marlene Martins	GDR GRANJA-TRUTAS DO MAU	Female	8	F45	2	01:04:26	6'26"/km	Finished
59	7	Alcides Pereira	GDR GRANJA-TRUTAS DO MAU	Male	51	M55	5	01:04:26	6'26"/km	Finished
60	129	José Correia	CLUBE DESPORTIVO DE LEOMIL	Male	52	M45	13	01:04:34	6'27"/km	Finished
61	98	Rui Gomes	VIRIATHVS RUNNERS VISEU	Male	53	M50	6	01:06:46	6'40"/km	Finished
62	2	Paulo Carvalho	DÍNAMO CLUBE ESTAÇÃO	Male	54	M40	10	01:07:56	6'47"/km	Finished
63	78	Tânia Ângelo	FOX RUNNING TEAM	Female	9	F35	1	01:07:59	6'47"/km	Finished
64	180	Helder Ferreira	ADTL	Male	55	M45	14	01:08:20	6'50"/km	Finished
65	27	Violeta Silva	GDR GRANJA-TRUTAS DO MAU	Female	10	F40	4	01:08:56	6'53"/km	Finished
66	42	Isabel Rodrigues	ADCR DA MALHADA	Female	11	F50	2	01:09:00	6'54"/km	Finished
67	126	Rui Neves	CLUBE DESPORTIVO DE LEOMIL	Male	56	M35	6	01:09:14	6'55"/km	Finished
68	151	Miguel Duarte	CORRE SÃO JOÃO	Male	57	M40	11	01:09:19	6'55"/km	Finished
69	4	Nuno Cabral	INDIVIDUAL	Male	58	M60	5	01:10:03	7'00"/km	Finished
70	55	Sérgio Rodrigues	WISEU 360	Male	59	M65	3	01:10:10	7'01"/km	Finished
71	54	Teresa Marta	LINCES DO MARÃO	Female	12	F50	3	01:10:29	7'02"/km	Finished
72	25	Severino Santos	GDR GRANJA-TRUTAS DO MAU	Male	60	M65	4	01:11:01	7'06"/km	Finished
73	6	Acácio Fonseca	GDR GRANJA-TRUTAS DO MAU	Male	61	M65	5	01:11:43	7'10"/km	Finished
74	103	Rui Rouxinol	BARRIGAS NEGRAS	Male	62	M45	15	01:11:52	7'11"/km	Finished
75	29	José Magalhães	GDR GRANJA-TRUTAS DO MAU	Male	63	M50	7	01:12:30	7'15"/km	Finished
76	16	Mara Silva	GDR GRANJA-TRUTAS DO MAU	Female	13	F35	2	01:12:37	7'15"/km	Finished
77	157	João Soares	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	64	M65	6	01:13:01	7'18"/km	Finished
78	167	Catarina Silva	GDR GRANJA-TRUTAS DO MAU	Female	14	F40	5	01:13:14	7'19"/km	Finished
79	60	Pedro Silva	CLUBE DESPORTIVO DE LEOMIL	Male	65	M40	12	01:13:17	7'19"/km	Finished
80	181	Paulo Ferreira	ADTL	Male	66	M50	8	01:14:17	7'25"/km	Finished
81	130	Ana Morgado	CLUBE DESPORTIVO DE LEOMIL	Female	15	F45	3	01:14:18	7'25"/km	Finished
82	38	Leonel Lourenço	A.D.C.R. VILA BOA	Male	67	M40	13	01:15:18	7'31"/km	Finished
83	73	Tania Machado	LAMAECUS D'OURO	Female	16	Seniores F	3	01:16:37	7'39"/km	Finished
84	59	Liliana Rego	CLUBE DESPORTIVO DE LEOMIL	Female	17	F40	6	01:17:29	7'44"/km	Finished

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#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
85	48	Berta Miranda	LINCES DO MARÃO	Female	18	F45	4	01:20:34	8'03"/km	Finished
86	89	Andreia Teixeira	A.D.C.C J CLARK CASTELO DE PAIVA	Female	19	Seniores F	4	01:21:49	8'10"/km	Finished
87	100	Lúcia Ferreira	TRAIL GRUPO DESPORTIVO DE TRANCOSO	Female	20	F35	3	01:24:17	8'25"/km	Finished
88	1	Magda Ribeiro	DÍNAMO CLUBE ESTAÇÃO	Female	21	F40	7	01:27:17	8'43"/km	Finished
89	63	Abel Vieira	CLUBE DESPORTIVO DE LEOMIL	Male	68	M35	7	01:28:36	8'51"/km	Finished
90	50	Sandra Oliveira	#SOCORREMOSNASDESCIDAS	Female	22	F45	5	01:30:33	9'03"/km	Finished
91	61	António Fernandes	#SOCORREMOSNASDESCIDAS	Male	69	M50	9	01:30:33	9'03"/km	Finished
92	58	Ana Amaral	ESGALHADA TRAIL TEAM	Female	23	F35	4	01:30:33	9'03"/km	Finished
93	66	Andreia Simoes	#SOCORREMOSNASDESCIDAS	Female	24	F40	8	01:30:33	9'03"/km	Finished
94	299	Raquel Simões	#SOCORREMOSNASDESCIDAS	Female	25	F40	9	01:30:33	9'03"/km	Finished
95	87	Beatriz Cunha	A.D.C.C J CLARK CASTELO DE PAIVA	Female	26	Juniores F	1	01:32:03	9'12"/km	Finished
96	24	Pedro Carneiro	GDR GRANJA-TRUTAS DO MAU	Male	70	M35	8	01:35:41	9'34"/km	Finished
	23	Carlos Almeida	GDR GRANJA-TRUTAS DO MAU	Male		M50				DNS
	32	Fernando Catarino	GDR GRANJA-TRUTAS DO MAU	Male		M50				DNS
	134	Rosa Silva	CLUBE DESPORTIVO DE LEOMIL	Female		F50				DNS
	125	António Lourenço	CLUBE DESPORTIVO DE LEOMIL	Male		M35				DNS
	3	Edgar Cunha	INDIVIDUAL	Male		M40				DNS
	74	Paulo Rebelo	LAMAECUS D'OURO	Male		Seniores M				DNS
	65	Cristina Almeida	WISEU 360	Female		F50				DNS
	124	Tânia Almeida	CLUBE DESPORTIVO DE LEOMIL	Female		Seniores F				DNS
	51	Sónia Almeida	#SOCORREMOSNASDESCIDAS	Female		F45				DNS
	191	Miguel Menino	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male		M50				DNS
	10	Cidália Teixeira	GDR GRANJA-TRUTAS DO MAU	Female		F45				DNS
	18	Marco Rodrigues	GDR GRANJA-TRUTAS DO MAU	Male		M45				DNS
	5	Nuno Cabral	INDIVIDUAL	Male		M60				DNS
	21	Miguel Machado	GDR GRANJA-TRUTAS DO MAU	Male		M50				DNS
	12	Diogo Pereirinha	GDR GRANJA-TRUTAS DO MAU	Male		Seniores M				DNS
	22	Mário Morais	GDR GRANJA-TRUTAS DO MAU	Male		M65				DNS
	153	Tomás Fonseca	VIRIATHVS RUNNERS VISEU	Male		M60				DNS
	35	José Ribeiro	A.D.C.R. VILA BOA	Male		M45				DNS

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#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
	53	Ana Monteiro	#SOCORREMOSNASDESCIDAS	Female		F35				DNS
	26	Sérgio Gabriel	GDR GRANJA-TRUTAS DO MAU	Male		M40				DNS
	37	João Silva	A.D.C.R. VILA BOA	Male		Seniores M				DNS
	90	Bruno Pinheiro	A.D.C.C J CLARK CASTELO DE PAIVA	Male		Seniores M				DNS
	150	Telmo Nascimento	INDIVIDUAL	Male		Seniores M		00:44:22	4'26"/km	DSQ
	30	Fábio Pereira	GDR GRANJA-TRUTAS DO MAU	Male		Seniores M				DNS
	117	Valentim Cardoso	BARRIGAS NEGRAS	Male		M55		00:34:28	3'26"/km	DSQ
	64	Liliana Oliveira	INDIVIDUAL	Female		Seniores F				DNS
	132	Patrícia Antunes	CLUBE DESPORTIVO DE LEOMIL	Female		F45		00:49:08	4'54"/km	DSQ
	13	Fernando Basto	GDR GRANJA-TRUTAS DO MAU	Male		M55				DNS
	67	Luis Pereira	GDR GRANJA-TRUTAS DO MAU	Male		M40				DNS
	49	Catarina Marinho	#SOCORREMOSNASDESCIDAS	Female		F40				DNS

Classificação por escalões

#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
Juniores M										
14	179	Edgar Ortiz	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	14	Juniores M	1	00:50:34	5'03"/km	Finished
52	123	David Kotchetov	CLUBE DESPORTIVO DE LEOMIL	Male	47	Juniores M	2	01:03:18	6'19"/km	Finished
Seniores M										
1	17	Marcelo Gonçalves	GDR GRANJA-TRUTAS DO MAU	Male	1	Seniores M	1	00:39:35	3'57"/km	Finished
6	92	André Pereira	A.D.C.C J CLARK CASTELO DE PAIVA	Male	6	Seniores M	2	00:47:18	4'43"/km	Finished
32	158	Claudio Mauricio	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	30	Seniores M	3	00:55:01	5'30"/km	Finished
34	91	Samuel Silva	A.D.C.C J CLARK CASTELO DE PAIVA	Male	32	Seniores M	4	00:55:32	5'33"/km	Finished
37	96	Daniel Almeida	DÍNAMO CLUBE ESTAÇÃO	Male	35	Seniores M	5	00:57:26	5'44"/km	Finished
44	168	Eduardo Bebiano	GDR GRANJA-TRUTAS DO MAU	Male	41	Seniores M	6	00:59:44	5'58"/km	Finished
49	186	Pedro Silva	CASAS ADRIANO ASTROMIL CLUBE	Male	45	Seniores M	7	01:00:55	6'05"/km	Finished
	74	Paulo Rebelo	LAMAECUS D'OURO	Male		Seniores M				DNS
	12	Diogo Pereirinha	GDR GRANJA-TRUTAS DO MAU	Male		Seniores M				DNS
	37	João Silva	A.D.C.R. VILA BOA	Male		Seniores M				DNS
	90	Bruno Pinheiro	A.D.C.C J CLARK CASTELO DE PAIVA	Male		Seniores M				DNS
	150	Telmo Nascimento	INDIVIDUAL	Male		Seniores M		00:44:22	4'26"/km	DSQ
	30	Fábio Pereira	GDR GRANJA-TRUTAS DO MAU	Male		Seniores M				DNS
M35										
3	71	Nuno Lopes	INDIVIDUAL	Male	3	M35	1	00:42:12	4'13"/km	Finished
17	97	Rúben Guerra	TRAIL GRUPO DESPORTIVO DE TRANCOSO	Male	17	M35	2	00:50:59	5'05"/km	Finished
31	192	Marcio Ribeiro	A.D.C.R. VILA BOA	Male	29	M35	3	00:54:55	5'29"/km	Finished
39	93	Nuno Sousa	A.D.C.C J CLARK CASTELO DE PAIVA	Male	36	M35	4	00:57:54	5'47"/km	Finished
56	138	Bruno Ferreira	CLUBE DESPORTIVO DE LEOMIL	Male	49	M35	5	01:03:54	6'23"/km	Finished
67	126	Rui Neves	CLUBE DESPORTIVO DE LEOMIL	Male	56	M35	6	01:09:14	6'55"/km	Finished

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89	63	Abel Vieira	CLUBE DESPORTIVO DE LEOMIL	Male	68	M35	7	01:28:36	8'51"/km	Finished
96	24	Pedro Carneiro	GDR GRANJA-TRUTAS DO MAU	Male	70	M35	8	01:35:41	9'34"/km	Finished
	125	António Lourenço	CLUBE DESPORTIVO DE LEOMIL	Male		M35				DNS

M40

2	149	Carlos Lopes	CAMC CA MACEDO CAVALEIROS	Male	2	M40	1	00:40:02	4'00"/km	Finished
4	34	Celso Loureiro	A.D.C.R. VILA BOA	Male	4	M40	2	00:44:12	4'25"/km	Finished
5	156	Nuno Dias	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	5	M40	3	00:47:01	4'42"/km	Finished
11	94	Hélder Pinto	A.D.C.C J CLARK CASTELO DE PAIVA	Male	11	M40	4	00:48:51	4'53"/km	Finished
26	190	Bruno Moreira	CASAS ADRIANO ASTROMIL CLUBE	Male	25	M40	5	00:52:52	5'17"/km	Finished
30	128	Manuel Pereira	CLUBE DESPORTIVO DE LEOMIL	Male	28	M40	6	00:54:29	5'26"/km	Finished
35	77	Vítor Guedes	RUNNERS DE SERNANCELHE TERRA DA CASTANHA	Male	33	M40	7	00:56:12	5'37"/km	Finished
47	72	Sergio Lopes	LAMAECUS D'OURO	Male	43	M40	8	01:00:23	6'02"/km	Finished
54	95	Fernando Jesus	A.D.C.C J CLARK CASTELO DE PAIVA	Male	48	M40	9	01:03:36	6'21"/km	Finished
62	2	Paulo Carvalho	DÍNAMO CLUBE ESTAÇÃO	Male	54	M40	10	01:07:56	6'47"/km	Finished
68	151	Miguel Duarte	CORRE SÃO JOÃO	Male	57	M40	11	01:09:19	6'55"/km	Finished
79	60	Pedro Silva	CLUBE DESPORTIVO DE LEOMIL	Male	65	M40	12	01:13:17	7'19"/km	Finished
82	38	Leonel Lourenço	A.D.C.R. VILA BOA	Male	67	M40	13	01:15:18	7'31"/km	Finished
	3	Edgar Cunha	INDIVIDUAL	Male		M40				DNS
	26	Sérgio Gabriel	GDR GRANJA-TRUTAS DO MAU	Male		M40				DNS
	67	Luis Pereira	GDR GRANJA-TRUTAS DO MAU	Male		M40				DNS

M45

7	172	Sérgio Azevedo	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	7	M45	1	00:47:36	4'45"/km	Finished
9	171	Luís Santos	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	9	M45	2	00:48:10	4'49"/km	Finished
10	173	Rui Rodrigues	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	10	M45	3	00:48:51	4'53"/km	Finished
12	15	João Monteiro	GDR GRANJA-TRUTAS DO MAU	Male	12	M45	4	00:50:06	5'00"/km	Finished
15	170	Carlos Ferreira	VISEU 360	Male	15	M45	5	00:50:39	5'03"/km	Finished

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#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
16	99	Jorge Amaral	TRAIL GRUPO DESPORTIVO DE TRANCOSO	Male	16	M45	6	00:50:59	5'05"/km	Finished
18	178	Manuel Sousa	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	18	M45	7	00:51:07	5'06"/km	Finished
20	184	Jorge Loureiro	DÍNAMO CLUBE ESTAÇÃO	Male	20	M45	8	00:51:43	5'10"/km	Finished
23	133	Mário Almeida	CLUBE DESPORTIVO DE LEOMIL	Male	23	M45	9	00:52:21	5'14"/km	Finished
29	131	Gerson Faria	CLUBE DESPORTIVO DE LEOMIL	Male	27	M45	10	00:54:11	5'25"/km	Finished
40	31	Dimas Catarino	GDR GRANJA-TRUTAS DO MAU	Male	37	M45	11	00:58:04	5'48"/km	Finished
57	75	Pedro Almeida	WISEU 360	Male	50	M45	12	01:04:07	6'24"/km	Finished
60	129	José Correia	CLUBE DESPORTIVO DE LEOMIL	Male	52	M45	13	01:04:34	6'27"/km	Finished
64	180	Helder Ferreira	ADTL	Male	55	M45	14	01:08:20	6'50"/km	Finished
74	103	Rui Rouxinol	BARRIGAS NEGRAS	Male	62	M45	15	01:11:52	7'11"/km	Finished
	18	Marco Rodrigues	GDR GRANJA-TRUTAS DO MAU	Male		M45				DNS
	35	José Ribeiro	A.D.C.R. VILA BOA	Male		M45				DNS

M50

8	176	Vítor Pinheiro	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	8	M50	1	00:47:40	4'46"/km	Finished
21	101	Carlos Rouxinol	BARRIGAS NEGRAS	Male	21	M50	2	00:51:55	5'11"/km	Finished
22	68	Nuno Miranda	RUNNERS DO DEMO	Male	22	M50	3	00:52:06	5'12"/km	Finished
27	9	António Lourenço	GDR GRANJA-TRUTAS DO MAU	Male	26	M50	4	00:53:20	5'20"/km	Finished
41	33	José Cardoso	A.D.C.R. VILA BOA	Male	38	M50	5	00:58:16	5'49"/km	Finished
61	98	Rui Gomes	VIRIATHVS RUNNERS VISEU	Male	53	M50	6	01:06:46	6'40"/km	Finished
75	29	José Magalhães	GDR GRANJA-TRUTAS DO MAU	Male	63	M50	7	01:12:30	7'15"/km	Finished
80	181	Paulo Ferreira	ADTL	Male	66	M50	8	01:14:17	7'25"/km	Finished
91	61	António Fernandes	#SOCORREMOSNASDESCIDAS	Male	69	M50	9	01:30:33	9'03"/km	Finished
	23	Carlos Almeida	GDR GRANJA-TRUTAS DO MAU	Male		M50				DNS
	32	Fernando Catarino	GDR GRANJA-TRUTAS DO MAU	Male		M50				DNS
	191	Miguel Menino	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male		M50				DNS
	21	Miguel Machado	GDR GRANJA-TRUTAS DO MAU	Male		M50				DNS

M55

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CRONOMETRAGEM
YOU RUN **WE TIME**

#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
19	175	Carlos Silva	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	19	M55	1	00:51:24	5'08"/km	Finished
24	62	Jose Gouveia	WISEU 360	Male	24	M55	2	00:52:27	5'14"/km	Finished
36	136	José Lima	CLUBE DESPORTIVO DE LEOMIL	Male	34	M55	3	00:57:05	5'42"/km	Finished
42	155	Roberto Leal	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	39	M55	4	00:58:24	5'50"/km	Finished
59	7	Alcides Pereira	GDR GRANJA-TRUTAS DO MAU	Male	51	M55	5	01:04:26	6'26"/km	Finished
	117	Valentim Cardoso	BARRIGAS NEGRAS	Male		M55		00:34:28	3'26"/km	DSQ
	13	Fernando Basto	GDR GRANJA-TRUTAS DO MAU	Male		M55				DNS

M60

13	174	Nicolau Santos	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	Male	13	M60	1	00:50:15	5'01"/km	Finished
33	70	José Nunes	CLUBE DESPORTIVO DE LEOMIL	Male	31	M60	2	00:55:17	5'31"/km	Finished
43	69	José Almeida	SPORTING CLUB SANTACRUZENSE	Male	40	M60	3	00:59:44	5'58"/km	Finished
50	185	Ilídio Oliveira	CASAS ADRIANO ASTROMIL CLUBE	Male	46	M60	4	01:00:55	6'05"/km	Finished
69	4	Nuno Cabral	INDIVIDUAL	Male	58	M60	5	01:10:03	7'00"/km	Finished
	5	Nuno Cabral	INDIVIDUAL	Male		M60				DNS
	153	Tomás Fonseca	VIRIATHVS RUNNERS VISEU	Male		M60				DNS

M65

45	154	Arlindo Dias	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	42	M65	1	00:59:44	5'58"/km	Finished
48	41	João Ribeiro	A.D.C.R. VILA BOA	Male	44	M65	2	01:00:25	6'02"/km	Finished
70	55	Sérgio Rodrigues	WISEU 360	Male	59	M65	3	01:10:10	7'01"/km	Finished
72	25	Severino Santos	GDR GRANJA-TRUTAS DO MAU	Male	60	M65	4	01:11:01	7'06"/km	Finished
73	6	Acácio Fonseca	GDR GRANJA-TRUTAS DO MAU	Male	61	M65	5	01:11:43	7'10"/km	Finished
77	157	João Soares	GRUPO DESPORTIVO "OS RIBEIRINHOS"	Male	64	M65	6	01:13:01	7'18"/km	Finished
	22	Mário Morais	GDR GRANJA-TRUTAS DO MAU	Male		M65				DNS

Juniores F

95	87	Beatriz Cunha	A.D.C.C J CLARK CASTELO DE PAIVA	Female	26	Juniores F	1	01:32:03	9'12"/km	Finished
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YOU RUN **WE TIME**

#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
Seniores F										
25	88	Ana Pereira	A.D.C.C J CLARK CASTELO DE PAIVA	Female	1	Seniores F	1	00:52:36	5'15"/km	Finished
38	19	Mariline Marques	GDR GRANJA-TRUTAS DO MAU	Female	3	Seniores F	2	00:57:49	5'46"/km	Finished
83	73	Tania Machado	LAMAECUS D'OURO	Female	16	Seniores F	3	01:16:37	7'39"/km	Finished
86	89	Andreia Teixeira	A.D.C.C J CLARK CASTELO DE PAIVA	Female	19	Seniores F	4	01:21:49	8'10"/km	Finished
	124	Tânia Almeida	CLUBE DESPORTIVO DE LEOMIL	Female		Seniores F				DNS
	64	Liliana Oliveira	INDIVIDUAL	Female		Seniores F				DNS
F35										
63	78	Tânia Ângelo	FOX RUNNING TEAM	Female	9	F35	1	01:07:59	6'47"/km	Finished
76	16	Mara Silva	GDR GRANJA-TRUTAS DO MAU	Female	13	F35	2	01:12:37	7'15"/km	Finished
87	100	Lúcia Ferreira	TRAIL GRUPO DESPORTIVO DE TRANCOSO	Female	20	F35	3	01:24:17	8'25"/km	Finished
92	58	Ana Amaral	ESGALHADA TRAIL TEAM	Female	23	F35	4	01:30:33	9'03"/km	Finished
	53	Ana Monteiro	#SOCORREMOSNASDESCIDAS	Female		F35				DNS
F40										
28	76	Amélia Loureiro	VIRIATHVS RUNNERS VISEU	Female	2	F40	1	00:53:23	5'20"/km	Finished
53	152	Sandra Moreira	CORRE SÃO JOÃO	Female	6	F40	2	01:03:31	6'21"/km	Finished
55	127	Ana Correia	CLUBE DESPORTIVO DE LEOMIL	Female	7	F40	3	01:03:51	6'23"/km	Finished
65	27	Violeta Silva	GDR GRANJA-TRUTAS DO MAU	Female	10	F40	4	01:08:56	6'53"/km	Finished
78	167	Catarina Silva	GDR GRANJA-TRUTAS DO MAU	Female	14	F40	5	01:13:14	7'19"/km	Finished
84	59	Liliana Rego	CLUBE DESPORTIVO DE LEOMIL	Female	17	F40	6	01:17:29	7'44"/km	Finished
88	1	Magda Ribeiro	DÍNAMO CLUBE ESTAÇÃO	Female	21	F40	7	01:27:17	8'43"/km	Finished
93	66	Andreia Simoes	#SOCORREMOSNASDESCIDAS	Female	24	F40	8	01:30:33	9'03"/km	Finished
94	299	Raquel Simões	#SOCORREMOSNASDESCIDAS	Female	25	F40	9	01:30:33	9'03"/km	Finished
	49	Catarina Marinho	#SOCORREMOSNASDESCIDAS	Female		F40				DNS
F45										

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10K

#Geral	Dorsal	Atleta	Clube	Gen	#Gen	Esc	#Esc	Tempo	Ritmo	Status
51	169	Tila Pina	GDR GRANJA-TRUTAS DO MAU	Female	5	F45	1	01:01:28	6'08"/km	Finished
58	20	Marlene Martins	GDR GRANJA-TRUTAS DO MAU	Female	8	F45	2	01:04:26	6'26"/km	Finished
81	130	Ana Morgado	CLUBE DESPORTIVO DE LEOMIL	Female	15	F45	3	01:14:18	7'25"/km	Finished
85	48	Berta Miranda	LINCES DO MARÃO	Female	18	F45	4	01:20:34	8'03"/km	Finished
90	50	Sandra Oliveira	#SOCORREMOSNASDESCIDAS	Female	22	F45	5	01:30:33	9'03"/km	Finished
	51	Sónia Almeida	#SOCORREMOSNASDESCIDAS	Female		F45				DNS
	10	Cidália Teixeira	GDR GRANJA-TRUTAS DO MAU	Female		F45				DNS
	132	Patrícia Antunes	CLUBE DESPORTIVO DE LEOMIL	Female		F45		00:49:08	4'54"/km	DSQ

F50

46	135	Maria Nunes	CLUBE DESPORTIVO DE LEOMIL	Female	4	F50	1	00:59:47	5'58"/km	Finished
66	42	Isabel Rodrigues	ADCR DA MALHADA	Female	11	F50	2	01:09:00	6'54"/km	Finished
71	54	Teresa Marta	LINCES DO MARÃO	Female	12	F50	3	01:10:29	7'02"/km	Finished
	134	Rosa Silva	CLUBE DESPORTIVO DE LEOMIL	Female		F50				DNS
	65	Cristina Almeida	WISEU 360	Female		F50				DNS