

# WAITA START

## CRONOMETRAGEM

YOU RUN **WE TIME**

### 28K - Geral M

Position	Name	Club	Time
1	Carlos Ferreira	NAST - Núcleo Associativo de Santo Tirso	02:33:48
2	José Santos		02:36:06
3	Américo Caldeira	Clube Aventura da Madeira	02:38:37

### 28K - Geral F

Position	Name	Club	Time
1	Célia Neto	NAST - Núcleo Associativo de Santo Tirso	03:08:34
2	Vera Barbosa	NAST - Núcleo Associativo de Santo Tirso	03:13:14
3	Olívia Sousa		03:27:20

### 28K - Sub-23 M

Position	Name	Club	Time
1	César Soares	A.D.Sebolido Trail	03:37:38
2	Pedro Gilvaz		03:48:00

### 28K - Sub-23 F

Position	Name	Club	Time
1	Vera Nunes	A.D.Sebolido Trail	04:08:00

### 28K - Seniores M

Position	Name	Club	Time
1	Carlos Ferreira	NAST - Núcleo Associativo de Santo Tirso	02:33:48
2	José Santos		02:36:06
3	André Guedes	Clube Desportivo Feirense	02:40:56

### 28K - Seniores F

Position	Name	Club	Time
1	Vera Barbosa	NAST - Núcleo Associativo de Santo Tirso	03:13:14
2	Leida Bello	Clube Desportivo Feirense	03:39:47

### 28K - M40

Position	Name	Club	Time
1	Nuno Nunes	Clube Desportivo Feirense	02:40:26
2	Pedro Rocha	NAST - Núcleo Associativo de Santo Tirso	02:45:30
3	Gilberto Pimenta		02:55:11

### 28K - F40

Position	Name	Club	Time
1	Célia Neto	NAST - Núcleo Associativo de Santo Tirso	03:08:34
2	Marta Gomes	Sportarc	03:43:15
3	Cátia Fiqueli	Clube Aventura da Madeira	03:43:48

### 28K - M45

Position	Name	Club	Time
1	Américo Caldeira	Clube Aventura da Madeira	02:38:37
2	José Vilela	Ontrisports	03:03:10
3	Ricardo Babo	Grupo Desportivo de Parada - Atletismo	03:09:32

### 28K - F45

Position	Name	Club	Time
1	Olívia Sousa		03:27:20
2	Ana Lopes	Atlético Clube de Travanca	04:13:42

### 28K - M50

Position	Name	Club	Time
1	Víctor Teixeira	NAST - Núcleo Associativo de Santo Tirso	02:58:19
2	Abílio Fernandes	NAST - Núcleo Associativo de Santo Tirso	03:10:16
3	José Santos	A.D.Sebolido Trail	03:11:00

### 28K - F50

Position	Name	Club	Time
1	Ana Cunha		04:28:18
2	Isabel Soares	Sportarc	04:33:25
3	Isabel Sousa	Clube Desportivo Feirense	04:50:35

### 28K - M55

Position	Name	Club	Time
1	Paulo Costa		04:02:01

### 28K - M60

Position	Name	Club	Time
1	Jose Ferreira		04:43:46

### 15K - Geral M

Position	Name	Club	Time
1	António Assunção	Clube Desportivo Feirense	01:22:36
2	Martim Fernandes	Abutres	01:29:31
3	Lourenço Oliveira	Abutres	01:31:45

### 15K - Geral F

Position	Name	Club	Time
1	Victória Bento	Abutres	02:01:32
2	Luisa Rodrigues	Abutres	02:10:05
3	Margarida Duarte	Saca Trilhos Anadia	02:12:52

### 15K - Juvenis M

Position	Name	Club	Time
1	Martim Fernandes	Abutres	01:29:31
2	Lourenço Oliveira	Abutres	01:31:45
3	Guilherme Martins	FURFOR RUNNING PROJECT	01:33:11

### 15K - Juvenis F

Position	Name	Club	Time
1	Luisa Rodrigues	Abutres	02:10:05
2	Margarida Duarte	Saca Trilhos Anadia	02:12:52
3	Maria Marques	Abutres	02:48:45

### 15K - Juniores M

Position	Name	Club	Time
1	Daniel Palma	DAP TRAIL TEAM	01:34:03

### 15K - Juniores F

Position	Name	Club	Time
1	Victória Bento	Abutres	02:01:32
2	Inês Duarte	Sportarc	02:22:48
3	Maria Sequeira	Abutres	02:48:45

### 15K - Séniores M

Position	Name	Club	Time
1	Marco Oliveira	Clube Desportivo Feirense	01:31:49
2	Rui Cardoso	Duelo D'ocasião	01:40:40
3	José Soares	Sapatilhas verdes	01:44:44

### 15K - Séniores F

Position	Name	Club	Time
1	Jessica Lopes		02:23:57
2	Ana Rocha		02:51:49
3	Maura Duarte		03:01:39

### 15K - M40

Position	Name	Club	Time
1	António Assunção	Clube Desportivo Feirense	01:22:36
2	Ilídio Oliveira		01:33:32
3	Fernando Bastos		01:44:18

### 15K - F40

Position	Name	Club	Time
1	Joana Aguiar	sportarc	02:19:47
2	Fátima Teixeira		02:35:58
3	Cláudia Oliveira	Sapatilhas Verdes	02:56:58

### 15K - M50

Position	Name	Club	Time
1	Alcino Gouveia		01:59:25
2	Fernando Brandão	Sentir Escariz runing	02:02:05
3	Alberto Barros	Espírito jovem	02:13:00

### 15K - F50

Position	Name	Club	Time
1	Cristina Carvalho		02:57:34
2	Sandra Oliveira	NAST - Núcleo Associativo de Santo Tirso	03:19:04
3	Maria Ferreira		03:22:00

### 10K - Geral M

Position	Name	Club	Time
1	Filipe Coelho		00:55:46
2	André Silva	NS Trail Team	00:55:55
3	Américo Pinho	run for fun laranjinhas	01:08:59

### 10K - Geral F

Position	Name	Club	Time
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1	Margarida Araújo	SPORTARC	01:08:45
2	Maria Silva	SPORTARC	01:12:03
3	Flora Santos	Sentir Escariz running	01:23:46

### 10K - Juvenis F

Position	Name	Club	Time
1	Margarida Araújo	SPORTARC	01:08:45

### 10K - Sub-23 M

Position	Name	Club	Time
1	Francisco Santos		01:57:19

### 10K - Sub-23 F

Position	Name	Club	Time
1	Sara Pereira	ADC Santa Isabel	01:57:18

### 10K - Seniores M

Position	Name	Club	Time
1	Filipe Coelho		00:55:46
2	Jose Mendes		01:22:19
3	Francisco Marques		01:23:17

### 10K - Seniores F

Position	Name	Club	Time
1	Maria Santos	Sentir Escariz	01:50:49
2	Mariana Sousa		01:53:01
3	Joana Moura		02:30:46

### 10K - M40

Position	Name	Club	Time
1	André Silva	NS Trail Team	00:55:55

### 10K - M50

Position	Name	Club	Time
1	Américo Pinho	run for fun laranjinhas	01:08:59
2	João Barbosa	Javalis100Limites	01:10:39

### 10K - F40

Position	Name	Club	Time
1	Flora Santos	Sentir Escariz running	01:23:46
2	Sandra Silva		02:26:19

### 10K - F50

Position	Name	Club	Time
1	Maria Silva	SPORTARC	01:12:03
2	Maria Santos		01:54:27
3	Luísa Pinto		02:14:43